

## October

- 1. Who is the last person you spent quality time with?
- 2. Who did you hug today?
- 3. Describe your day in one word.
- 4. How are you?
- 5. Did you do more talking or listening today?
- 6. How much is a gallon of gas?
- 7. What was the last stupid thing you did?
- 8. What's the next book you are going to read?
- 9. What was the mistake?
- 10. What was the last gift you gave?
- 11. What is your mission?
- 12. If others described how you acted today in one word, it would be
- 13. What is your current bank balance?
- 14. Describe the last piece of furniture you purchased.
- 15. What time did you wake up this morning?
- 16. Describe the last time you were embarrassed.
- 17. How did you improve yourself today?
- 18. How much time did you spend outside today?
- 19. In one year from today, what word do you hope best describes your life.
- 20. Who in your life is crazy talented? What is their talent?
- 21. What do you wish there was more of in the world?
- 22. My favorite sound is
- 23. What impact do you hope to have on the world?
- 24. If you made laws, what one would you make today?
- 25. Describe your last life-changing moment.
- 26. What opportunity are you waiting for?
- 27. How many emails did you have today?
- 28. What is the last movie you saw?
- 29. Are you settling for something?
- 30. What is standing in your way?
- 31. What was the happiest headline in the news today?