

Be Real Class 04: Finding Journey Stories

For yourself and any of the people that you scrapbook regularly, answer the following questions.

Where have you gone literally in the last year?

Why did you go?

Who did you meet?

What happened that was unplanned/unexpected?

Did you do or look at things differently upon your return? _____

What new thing have you tried in the last year?

Did you/would you repeat this experience? Why or why not?

Have incorporated anything new into your daily life as a result of this new thing that you tried?
