



Notes for Lesson 2

by Debbie Hodge

What do December and Christmas mean to you and how did that come to be?

What do December and the Christmas holidays mean to you?
What kind of experience do you want to have and to give?

[illegible]This image shows a single page from a notebook or ledger. The page is white with light gray horizontal ruling lines spaced evenly apart. There are approximately 20 lines visible. The left edge of the page features a dark green binding strip. The corners of the page are rounded. There is no handwriting or printed text on the page.

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What are your key December traditions and where did they come from? Think about:

Food - What are the dishes you always make. What are the rituals of baking and cooking that you try to include? Why these dishes and rituals? Where did they come from?

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Activities - What are the outings, the gatherings, the movies, the concerts, the parties, the other elements... that you include in your December? Why these activities? Where did they come from?

[illegible]

[illegible][illegible]

Resources that inspire and instruct.

Where do you find inspiration for adding new touches to your December decorations, food, celebrations, gifts, activities?



Where do you find instruction for making food, gifts, parties, and more in December?

