



Your Masteries & Frustrations Worksheet

What do you enjoy about the work/play of making a scrapbook page? What are you good at? And what do you find frustrating?

ENJOY

GOOD AT

FRUSTRATED

- | | | | |
|--------------------------|--------------------------|--------------------------|----------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | choosing photos |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | editing photos |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | cropping photos |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | coming up with titles |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | rendering titles |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | writing journaling |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | handwriting |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | typography |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | clever wordplay |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | finding new ways to tell stories |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | making my own embellishments |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | choosing embellishments |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | clustering embellishments |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | placing embellishments |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | making backgrounds/canvas bases |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | choosing and mixing colors |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | choosing and mixing patterns |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | foundations/compositions |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | design principles |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | technique _____ |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | technique _____ |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | technique _____ |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | product _____ |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | product _____ |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | product _____ |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | _____ |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | _____ |

I enjoy

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- _____

I am good at

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- _____
- _____
- _____
- _____
- _____

I am frustrated by

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- _____
- _____
- _____
- _____
- _____
- _____